

Providence Choice plan

Groups sized 51+

Providence Choice plans utilize a patient-centered medical home model of care to keep your employees healthy.

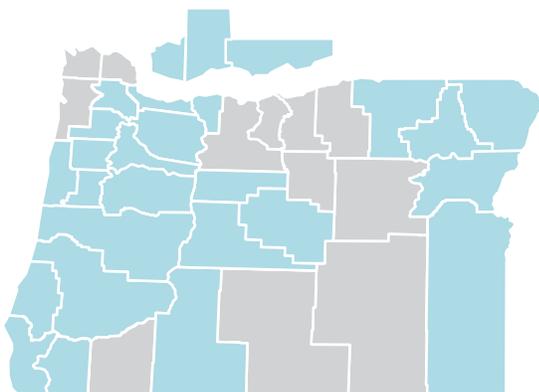
The Choice plans offer these great benefits:

- ✔ Access to Choice network specialists via referral from the medical home for in-network coverage
- ✔ Fully covered ExpressCare Clinic and ExpressCare Virtual visits
- ✔ Out-of-area coverage for dependents living beyond the Choice network

Providence Choice network

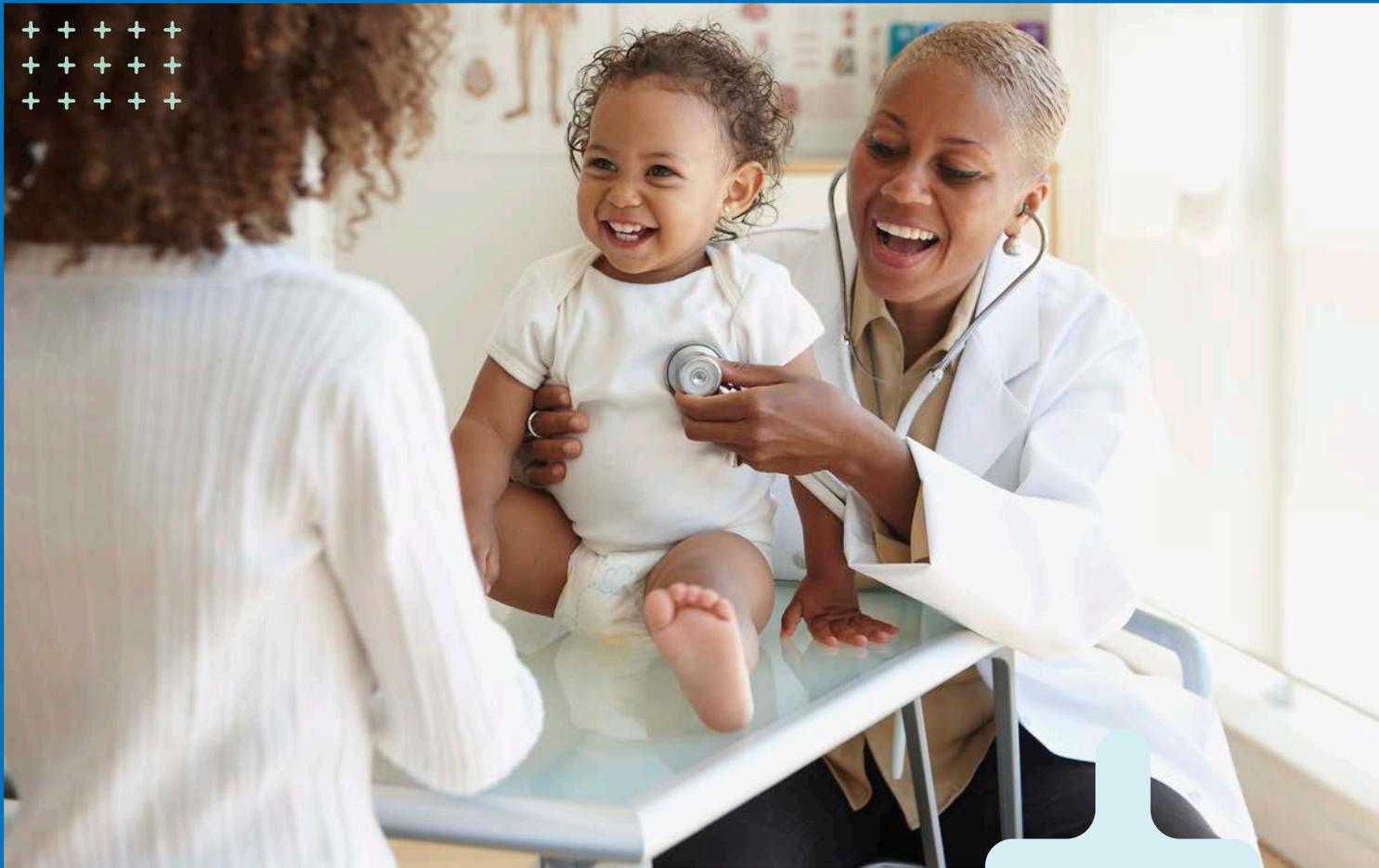
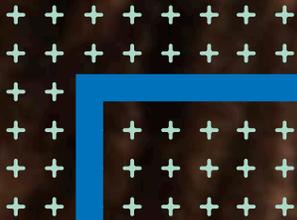
With Choice plans, you get a network of more than 410 primary care clinics covering a range of counties in Oregon and Washington. This integrated network includes both Providence St. Joseph Health, and local providers and hospitals.

Choice network counties



- + Baker
- + Benton
- + Clackamas
- + Clark
- + Clatsop
- + Coos
- + Crook
- + Curry
- + Deschutes
- + Douglas
- + Hood River
- + Jackson
- + Jefferson
- + Josephine
- + Klamath
- + Klickitat
- + Lane
- + Lincoln
- + Linn
- + Malheur
- + Marion
- + Multnomah
- + Polk
- + Skamania
- + Umatilla
- + Union
- + Wallowa
- + Washington
- + Yamhill

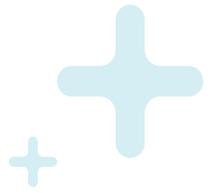
Find a Providence Choice medical home at ProvidenceHealthPlan.com/findaprovider



**A medical home puts
a dedicated team in
charge of your health**



What is a medical home?



A Providence Medical Home is a primary care clinic with a dedicated team of healthcare professionals. They work closely with you to create a healthcare plan to fit your specific needs. Think of it as a one-stop, mutual partnership that coordinates care for you.

Here's how it works:

If you've sprained your knee, for example, call your medical home clinic. A member of your care team gets you in to see your primary care provider who recommends further care from an orthopedic specialist. Your medical home has preferred providers in convenient locations — so you don't have to find one on your own. Your care team will make sure the orthopedist has your medical records and will help you coordinate physical therapy appointments and prescriptions. With a Providence medical home, you'll get easier access to the best care for you, all along the way.

Get guidance and support every step of the way

A member of your care team will help guide you by coordinating care with other providers, specialists (including referrals) and home health care. You and your care team focus on prevention, wellness and managing chronic conditions with the goal of improving your health and well-being.

Your medical home care team includes:



Your primary care provider, the doctor or nurse who leads your healthcare team, listens to your needs and guides your care.



Other healthcare professionals who'll get to know you and your personal health situation.



A coordinated care plan so you, your care team and health plan are all on the same page. With everyone working together, you won't have to re-tell your story each time you see someone.



Your home team

- ✓ Primary care provider
- ✓ Physicians
- ✓ Medical assistants
- ✓ Nurse practitioners
- ✓ Lab and X-ray technicians
- ✓ Behaviorists*
- ✓ Pharmacists*
- ✓ Nutritionists*
- ✓ Specialty MDs*
- ✓ PHP health coaches*
- ✓ PHP care managers*

*May not all reside in a patient-centered medical home



Why you need a medical home

Your plan may require you to choose a medical home to provide and manage your care, including referrals to specialists as necessary. Be sure to let us know which medical home you've selected. If you do not choose a medical home, one will be chosen for you.

Selecting a medical home is easy using one of the following options:

- ✓ **Through your myProvidence.com account**
 - + Click on "Medical Home Selection" under the "Providers" section in the left hand navigation
 - + Review your options, then click on the "Set As A Medical Home Clinic" button
- ✓ **Online via our medical home selection form**
 - + Go to healthplans.providence.org/members
 - + Click on "The Providence Medical Home" in the left navigation
 - + Scroll down to "Forms"
 - + Fill out the medical home selection form and submit
- ✓ **Give our customer service a call**
503-574-7500 or **1-800-878-4445 (TTY: 711)** from 8 a.m. to 5 p.m. (Pacific Time), Monday through Friday





We all deserve True Health

You are the most important part of the medical home experience.
Your voice matters. Working closely with your care team, you'll make
decisions together about what's best for your True Health.

Let us know how we can help.

Call **503-574-7500** or **1-800-878-4445 (TTY: 711)**, 8 a.m. to 5 p.m.
(Pacific Time), Monday through Friday or visit [ProvidenceHealthPlan.com](https://www.providencehealthplan.com)